

# Our Freshly Made, Locally Loved Menu Autumn 25/Spring 26



|        | Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |
|--------|---|--|--|--|--|
| WEEK 1 | <p>Jumbo Fish Finger <b>OR</b> Baked Salmon Fillet <b>OR*</b></p> <p>Freshly Made Mac 'n' Cheese with Garlic Bread Slice <b>✓</b><br/>Garden Peas <b>OR</b> Baked Beans &amp; Mashed Potato</p> <p><b>FRESH PASTA POTS</b></p> <p>Home Baked Apple Crumble &amp; Custard <b>OR</b> Fresh Fruit</p>              | <p>Freshly Made Welsh Beef Bolognaise <b>✓</b> <b>OR*</b></p> <p>Freshly Made Vegetable &amp; Lentil Bolognaise with Wholegrain Pasta <b>✓</b><br/>Pasta &amp; Garlic Bread Slice</p> <p><b>FRESHLY MADE SANDWICH</b></p> <p>Yoghurt with a Selection of Fruit Toppings <b>OR</b> Fresh Fruit</p>    | <p>Roast Chicken Dinner <b>OR*</b></p> <p>Veggie Roast Dinner <b>✓</b><br/>Roast Potatoes, Carrots &amp; Steamed Broccoli</p> <p><b>FRESHLY MADE SANDWICH</b></p> <p>Yoghurt with a Selection of Fruit Toppings <b>OR</b> Fresh Fruit</p>                                      | <p>Chicken Curry <b>OR*</b></p> <p>Vegetable Curry <b>✓</b><br/>Wholegrain Rice, Sweetcorn &amp; Naan Bread</p> <p><b>FRESH PASTA POTS</b></p> <p>Yoghurt with a Selection of Fruit Toppings <b>OR</b> Fresh Fruit</p>   | <p>Beef Burger <b>OR</b> Vegan Hot Dog <b>✓</b> <b>OR*</b></p> <p>Home Baked Cheese &amp; Bean Pasty <b>✓</b><br/>Chipped Potatoes</p> <p><b>JACKET POTATO &amp; FILLING</b></p> <p>Oat Lemon &amp; Raisin Cookie <b>OR</b> Fresh Fruit</p>            |
| WEEK 2 | <p>Freshly Made Wholegrain Chicken, Tomato &amp; Pasta Bake <b>OR*</b></p> <p>Chilli Non Carne with Wholegrain Rice &amp; Home Baked Tortillas <b>✓</b><br/>Garlic Bread Slice &amp; Salad Bar</p> <p><b>JACKET POTATO &amp; FILLING</b></p> <p>Home Baked Cocoa Sponge &amp; Custard <b>OR</b> Fresh Fruit</p> | <p>Home Baked Meatball, Tomato &amp; Mozzarella Panini ½ Jacket Potato <b>OR*</b></p> <p>Freshly Made Pesto &amp; Vegetable Pasta Salad <b>✓</b><br/>½ Jacket Potato &amp; Coleislaw</p> <p><b>FRESHLY MADE SANDWICH</b></p> <p>Yoghurt with a Selection of Fruit Toppings <b>OR</b> Fresh Fruit</p> | <p>Roast Turkey Dinner <b>OR*</b></p> <p>Veggie Roast Dinner <b>✓</b><br/>Roast Potatoes, Carrots &amp; Steamed Broccoli</p> <p><b>FRESHLY MADE SANDWICH</b></p> <p>Yoghurt with a Selection of Fruit Toppings <b>OR</b> Fresh Fruit</p>                                       | <p>Vegetable Pizza Pocket ½ Jacket Potato <b>✓</b> <b>OR*</b></p> <p>Home Baked Creamy Tuna, Sweetcorn &amp; Pasta Bake with Garlic Bread Slice <b>✓</b><br/>Fresh Salad Bar</p> <p><b>JACKET POTATO &amp; FILLING</b></p> <p>Yoghurt with a Selection of Fruit Toppings <b>OR</b> Fresh Fruit</p> | <p>Baked Chicken Nuggets <b>OR*</b></p> <p>Freshly Made Vegetable Tortilla Stack <b>✓</b><br/>Chipped Potatoes &amp; Veg Sticks</p> <p><b>FRESH PASTA POTS</b></p> <p>Ice Cream Pot <b>OR</b> Fresh Fruit</p>  |
| WEEK 3 | <p>Freshly Made Chicken Fajita Tortilla's <b>OR*</b></p> <p>Cooked from Fresh Tomato &amp; Herb Pasta Bake <b>✓</b><br/>Wholegrain Vegetable Rice &amp; Salad Bar</p> <p><b>FRESH PASTA POTS</b></p> <p>Home Baked Pineapple &amp; Coconut Sponge &amp; Custard <b>OR</b> Fresh Fruit</p>                       | <p>Meatballs in Tomato Sauce <b>OR*</b></p> <p>Vegetable Meatballs in Tomato Sauce <b>✓</b><br/>Pasta &amp; Garlic Bread Slice</p> <p><b>FRESHLY MADE SANDWICH</b></p> <p>Yoghurt with a Selection of Fruit Toppings <b>OR</b> Fresh Fruit</p>   | <p>Freshly Made Welsh Beef Cottage Pie <b>✓</b> <b>OR*</b></p> <p>Home Baked Vegetable &amp; Lentil Cottage Pie <b>✓</b><br/>Garden Peas &amp; Steamed Carrots</p> <p><b>FRESHLY MADE SANDWICH</b></p> <p>Yoghurt with a Selection of Fruit Toppings <b>OR</b> Fresh Fruit</p> | <p>Margarita Pizza Pocket <b>OR*</b></p> <p>Freshly Made Soup &amp; Roll <b>✓</b><br/>Baked Wedges &amp; Baked Beans</p> <p><b>FRESH PASTA POTS</b></p> <p>Yoghurt with a Selection of Fruit Toppings <b>OR</b> Fresh Fruit</p>  | <p>Chicken Burger <b>OR</b> Vegan Burger <b>✓</b> <b>OR*</b></p> <p>Baked Fillet of Fish Burger <b>✓</b><br/>Chipped Potatoes &amp; Veg Sticks</p> <p><b>JACKET POTATO &amp; FILLING</b></p> <p>Home Baked Hand Held Dessert <b>OR</b> Fresh Fruit</p> |

## Salad Bar



Salad Bar and 50/50 Henllan Bread available daily



Dessert Bar available Tuesday - Thursday  
Enjoy Fresh Fruit and Llaeth-y-Llan Yoghurt!

## Dessert Bar



Proudly using local Welsh Suppliers for all our food

Many of our dishes are available to accommodate special dietary requirements - please contact our Cook to discuss these options.  
This menu has been nutritionally analysed in line with Welsh Government Guidance to meet pupils needs for protein, carbohydrates, fat, sugar and salt.

**KEY:** **✓** Suitable for Vegetarians  
**✓** Vegan Option Available



Arlwy a Glanhuau  
**NEWYDD**  
Catering & Cleaning